



Information and After Care

Anti-wrinkle injections (Botulinum toxin)

Botulinum toxin (Botox) injections help to reduce and prevent the appearance of wrinkles.

Over time the contraction of facial muscles cause wrinkles to appear on the skin. Botox acts to reduce the muscle contraction of these muscles to soften these lines and in some areas give a lift.

Areas available for treatment at EJ Aesthetics:

Forehead & Frown, Crows feet, Bunny Lines, Gummy Smile, Smoker/Barcode Lines, Downturned mouth corners, Dimpled chin, Jawline slimming (Masseter/grinding), Neck, Underarms (excessive sweating)

Following treatment, expect 7-14 days (1 month for some procedures) before full effect can be seen.

Results of treatment last up to 3 months, with some patients noting their results lasting longer.

Aftercare advice:

- Exercise the muscles of the treated area for 45 mins following treatment
- Remain upright for 3 hours following treatment.
- Avoid hot environments (Sauna, Steam, Sunbeds or Hot bath) for 24 hours after procedure.
- Avoid high intensity exercise for 24 hours after procedure. •Avoid excessive alcohol for 24 hours after the procedure. •Avoid touching or rubbing the injected area on the same day.

Dermal Filler Information

Dermal fillers contain hyaluronic acid, a natural substance found in the body that adds volume and hydration to the skin. These fillers are used to address a variety of concerns, from fine lines and wrinkles to plumping lips and enhancing facial contours. The advantages of dermal fillers are that they are minimally invasive, provide immediate results, and have very few side effects.

Areas available to treat at EJ Aesthetics include:

Lips, Nasolabial Lines, Marionette Lines, Cheeks and Chin.

Following treatment, immediate results can be seen with maximal effects at 1 week.

Results of treatment last 3-9 months depending on filler product used and area treated. Aftercare advice:

- Avoid hot environments (Sauna, Steam, Sunbeds or Hot bath) for 24 hours after procedure.
- Avoid high intensity exercise for 24 hours after procedure.
- Avoid excessive alcohol for 24 hours after the procedure.
- Avoid touching or rubbing the injected area on the same day



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